



# Cesta Mañanera

## INVIERNO

A 10-Week Morning Time Plan to Support Your Spanish Language

One Week **FREE** Trial



A  
**BILINGUAL TOGETHER**  
Resource

# Welcome to INVIERNO!

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A 10-week Morning Time Plan to support your family's Spanish language journey.

It is our sincere hope that this Morning Time Plan will help you and your family grow in your proficiency of and love for the Spanish language. We created these plans out of our own quest to find resources to help us raise bilingual children. This plan outlines fun and creative ways to expose children to beautiful, useful winter-themed language while intentionally working to build their vocabulary.

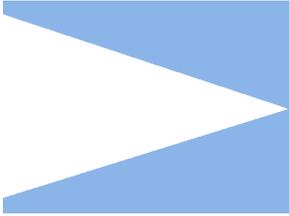
### In INVIERNO you will find:

- 100 high-frequency **VOCABULARY** words with printable flashcards.
- 6 carefully selected **MEMORIZATION** pieces.
- A list of living **BOOKS** written in original Spanish (non-translated) as well as translated favorites.
- Upbeat, poetic **MUSIC** the whole family will enjoy.
- Weekly **NATURE OUTINGS** and vocab building **ACTIVITIES**.

### Do I need to speak Spanish to use this plan?

INVIERNO was created with moderate to fluent Spanish speakers in mind. The more Spanish spoken throughout these activities, the better! Also, the book selections have been made with the assumption that you are a confident reader of Spanish.

However, this plan can be adapted for families learning Spanish together. You may use the vocabulary, memorization, and music portions to greatly increase your vocabulary. Each nature outing and activity can be used to reinforce basic vocabulary such as colors and numbers.



# How To Use This Plan

## 10-Week Plan vs. Loop Schedule

For those who thrive on structure, the 10-Week block schedule may be used as written. For others, we've included a Loop Schedule which allows you to capitalize on the richness of the full plan while working through the content at your own pace. If you already have a Morning Time routine, but are looking to add Spanish to it, you may prefer to choose one or two of our categories to add to your Morning Time. In short, this plan is flexible!

## A Word on Daily Subjects

Memorization is a beautiful tool that allows children to speak correctly and more eloquently than they can on their own. Vocabulary words are intentionally chosen for their high-frequency usage during the fall season. Both memorization and vocabulary building require regular repetition, and for this reason these two subjects are planned to take place each day. For tips and tricks on how to make repetition fun, including how to use our flashcards as Montessori Three-Part Cards visit our blog at [www.bilingualtogether.com](http://www.bilingualtogether.com).

## Suggested Resources

This plan was created to be self-contained. The Memorization selections are included. Vocabulary flashcards are included for printing. The Booklist can be used to look up titles at your local library. If your library does not have many Spanish titles, ask your librarian about interlibrary loan. The Nature Outings and Activities can all be done with common household items. The album, **De Colores, Vol. 9 by José Luis Orozco**, can be purchased or streamed online.

## Online Resource Page

We created an online Resource Page for our INVIERNO Morning Time Plan with purchase links to the album **De Colores** as well as all the books on our Booklist. You will also find links to blog posts for tips on making memorization fun, and how to use our flashcards as Montessori Three-Part Cards. (Access to this page is available with purchase of the 10-Week Plan.)

# Vocabulary At A Glance

## Wk 1 Ropa de Invierno *Winter Clothing*

la bufanda *scarf*  
el abrigo *coat*  
el traje de nieve *snow suit*  
las botas de nieve *snow boots*  
la gorra de lana *wool hat*

los guantes *gloves*  
los mitones *mittens*  
el suéter *sweater*  
la capucha *hood*  
la orejera *ear muffs*

## Wk 3 La Navidad *Christmas*

el árbol de navidad *christmas tree*  
el pan de jengibre *gingerbread*  
Papá Noel *Santa Claus*  
el calcetín de navidad *stocking*  
los cascabeles *jingle bells*

el rompopo *eggnog*  
el reno *reindeer*  
el regalo *gift*  
el pesebre *nativity*  
el duende *elf*

## Wk 5 Día de los Reyes Magos *Three Kings Day*

la rosca de reyes *traditional bread*  
los reyes magos *three kings*  
los camellos *camels*  
el niño Jesús *Baby Jesus*  
el incienso *frankincense*

el oro *gold*  
la corona *crown*  
la mirra *myrrh*  
la paja *hay*  
Belén *Bethlehem*

## Wk 7 El Ártico *The Arctic*

el zorro ártico *arctic fox*  
el copo de nieve *snowflake*  
la tempestad de nieve *blizzard*  
el frailecillo *arctic puffin*  
el pingüino *penguin*

el iglú *igloo*  
la morsa *walrus*  
el narval *narwal*  
el oso polar *polar bear*  
la foca *seal*

## Wk 9 Palabras de Memoria *Memory Work*

la paz *peace*  
los astros *stars*  
fulgor *glow/gleam*  
la jaula *birdcage*  
cantar *to sing*

el balcón *balcony*  
el algodón *cotton*  
paciente *patient*  
bondadoso *kind*  
orgullosa *proud*

## Wk 2 Palabras Inviernales *Winter Words*

tiritar *to shiver*  
congelar *to freeze*  
escarchar *to frost*  
fangoso *slushy*  
invernal *wintry*

agarrotar *to stiffen*  
granizar *to hail*  
nevado *snowy*  
glacial *icy*  
gélido *chilly*

## Wk 4 Al Horno *Baking*

el recipiente *mixing bowl*  
la cuchara *tablespoon (measurement)*  
la cucharita *teaspoon (measurement)*  
el polvo de hornear *baking powder*  
el bicarbonato *baking soda*  
la taza *cup (measurement)*

la harina *flour*  
el espátula *spatula*  
la azúcar *sugar*  
el batidor *whisk*

## Wk 6 Actividades de Invierno *Winter Activities*

pescar sobre hielo *ice fishing*  
patinar sobre hielo *ice skate*  
esquiar de fondo *cross-country ski*  
hacer snowboard *snowboarding*  
andar con raqueta de nieve *snowshoe*

palear la nieve *shovel snow*  
escalar en hielo *ice climb*  
el hockey *hockey*  
ir en trineo *sledding*  
hacer esquí *skiing*

## Wk 8 Día de Nieve *Snow Day*

el hombre de nieve *snowman*  
la batalla de nieve *snowball fight*  
el chocolate caliente *hot chocolate*  
los malvaviscos *marshmallows*  
ángel de nieve *snow angel*

las huellas *tracks*  
la bola de nieve *snowball*  
un trineo *sled*  
la fogata *fireplace*  
el carámbano *icicle*

## Wk 10 Día de San Valentín *Valentine's Day*

la amistad *friendship*  
el bombón *chocolate truffle*  
el corazón *heart*  
el cupido *cupid*  
la tarjeta *Valentine card*

el amor *love*  
el beso *kiss*  
el arco *bow*  
el abrazo *hug*  
a flecha *arrow*

## Ten Week Plan | INVIERNO



	Lunes	Martes	Miércoles	Jueves	Viernes
<b>Vocabulario</b> <i>Día de Nieve</i>	el hombre de nieve los malvaviscos	la batalla de nieve las huellas	la bola de nieve la fogata	el chocolate caliente un trineo	ángel de nieve el carámbano
<b>De Memoria</b>	La Nieve				
<b>Música</b>				Burrito Enfermo (Track 19)	
<b>Libros</b>	No Quiero Derretirme por Alma Flor Ada		Hilo Sin Fin por Mac Barnett		
<b>Naturaleza</b>		Snow Creation			
<b>Actividad</b>					Snowflake Table runner

**Snow Creation:** Get bundled up and head outside. Work together to make a snow creation! It can be a snowman, a snow castle, or a snow angel. If you're ambitious, you can try a snow cave! First pile up as much snow as you can into a HUGE mound. Then dig out the snow. It works best if you allow the snow mound to settle for a day before starting to dig out the cavity.

**Snowflake Table runner:** Spend some time cutting paper snowflakes (link to a how-to video tutorial on the Resource Page), then connect them together in a long rectangle using scotch tape. Place your table runner on your table and enjoy!

# Thank You!

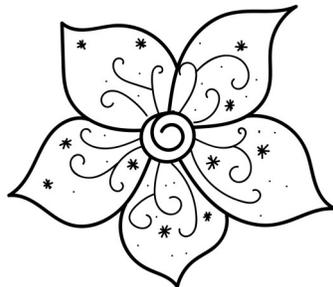
## Thank You for trying our INVIERNO Morning Time Plan!

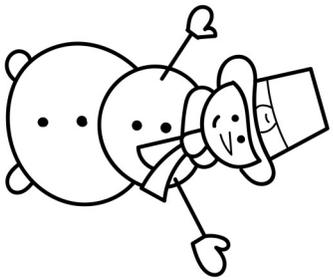
We hope you enjoyed Semana 8 of our Cesta Mañanera INVIERNO Morning Time Plan. As always, our goal at Bilingual Together is to resource your family's bilingual adventure. To purchase the complete 10-Week plan visit:

[www.bilingualtogether.com/product/cesta-mananera-invierno](http://www.bilingualtogether.com/product/cesta-mananera-invierno)

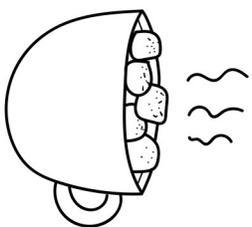
### About the Author

Lauren Stengele is a fourth-generation Mexican-American who learned Spanish as a way to connect with her heritage. A language teacher by training, she is passionate about passing Spanish on to her three children whom she homeschools bilingually. Bilingual Together was born out of her desire to resource parents raising bilingual kids.

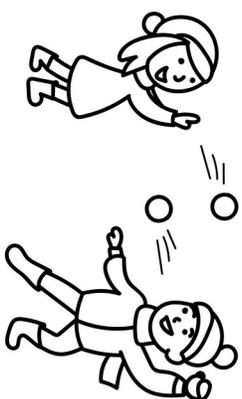




el hombre de nieve



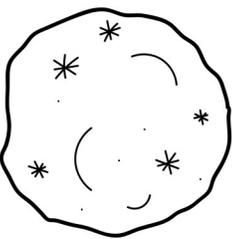
los malvaviscos



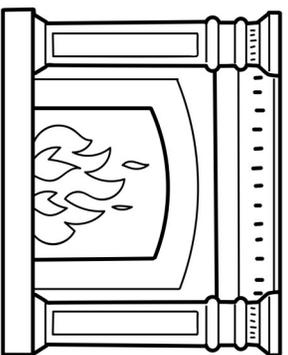
la batalla de nieve



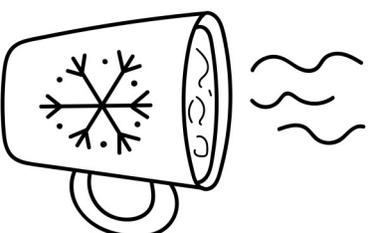
las huellas



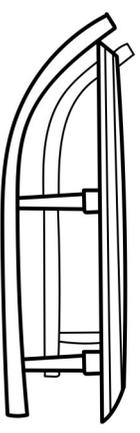
la bola de nieve



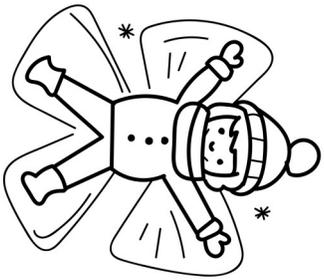
la fogata



el chocolate caliente



un trineo



ángel de nieve



el carambano